

Emily A. Ekl

Ph.D. Candidate
Indiana University - Bloomington

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EDUCATION

- In Progress **Ph.D. Sociology**, Indiana University
Dissertation: *The Effects of Status and Structure: Examining Provision of Patient Care by Allied Health Professionals Across Two Organizations*
Committee: Bernice Pescosolido (chair), Brea Perry, Elaine Hernandez, Koji Chavez, and Jessica Calarco (UW-Madison)
Qualifying Exam: Medical Sociology (2020)
Ph.D. Minor: Social Science Approaches to Health and Healing Systems
- 2017 **M.A. Sociology**, Boston College
Thesis: *College Students' Understanding and Discussion of Mental Health Issues: An Analysis of Rhetoric and Context*
Committee: Stephen J. Pfohl (chair) and David Karp
- 2016 **B.A. Sociology & History**, Purdue University
Minors: Statistics, Psychology, and Economics

RESEARCH INTERESTS

Medical Sociology	Stigma & Legitimation	Healthcare Utilization
Social Networks	Patient-Provider Interactions	Mental Health

PEER-REVIEWED PUBLICATIONS

Ekl, Emily A., and Benjamin Gallati. Forthcoming. "The Moderating Effect of Values on the Relationship between Subjective Social Status and Depression: Evidence from MIDUS." *Society & Mental Health*.

García, Melissa J.*, Caroline V. Brooks*, Denise Ambriz, **Emily A. Ekl**, Nicholas C. Smith, Gerardo Maupomé, and Brea L. Perry. Forthcoming. "Parenting and Precarity: COVID-19's Impact on Hispanic Immigrant Families" *Journal of Marriage and Family*.

Smith, Nicholas C., Caroline V. Brooks, **Emily A. Ekl**, Melissa J. García, Denise Ambriz, Gerardo Maupomé, and Brea L. Perry. 2023. "The Informal Safety Net: Social Network Activation Among Hispanic Immigrants During COVID-19." *Sociology of Race & Ethnicity* OnlineFirst [DOI: 10.1177/23326492231162348]

Halpern-Manners, Andrew, Jane D. McLeod, Elizabeth M. Anderson, and **Emily A. Ekl**. 2022. "Disability, COVID-19, and the College Experience." *Social Science & Medicine - Population Health* [DOI: 10.1016/j.ssmph.2022.101195]

Ekl, Emily A., and Caroline V. Brooks. 2022. "Take the Day Off: Examining the Sick Role for Chronic Back Pain by Race and Gender." *Social Psychology Quarterly* 85(3): 300-324 [DOI: 10.1177/01902725221078541]

* *First Place 2022 NCSA Seidler Graduate Student Paper Award*

Pullen, Erin, **Emily A. Ekl**, Elizabeth Felix, Christopher O. Turner, Brea L. Perry, and Bernice A. Pescosolido. 2022. "Social Networks, Mental Illness Stigma, and the Contact Hypothesis: The Role of Ties with Mental Illness on Labeling and Causal Attributions." *Social Science & Medicine* 293:114646 [DOI: 10.1016/j.socscimed.2021.114646]

Stainback, Kevin, and **Emily Ekl**. 2017. "The Spread of 'Big Box' Retail Firms and Spatial Stratification." *Sociology Compass*. 4(11) [DOI: 10.1111/soc4.12462]

UNDER REVIEW

Ambriz, Denise, Caroline V. Brooks, **Emily A. Ekl**, Melissa J. García, Nicholas C. Smith, Gerardo Maupomé, and Brea L. Perry. "The Effect of Context of Exit on Latinx Immigrants' Well-being during COVID-19." *Revise & Resubmit at International Migration Review*.

Ekl, Emily A., Tessa M. Nápoles, Jeff Nicklas, Irene H. Yen, Laura Pathak, Janet K. Shim, and Brea L. Perry. "Social Support in the Urban Safety Net: Assessing Tie Activation among Individuals with Complex Care Needs."

Nápoles, Tessa M.*, **Emily A. Ekl***, Jeff Nicklas, Laura Pathak, Irene H. Yen, Dani Carrillo, Kathleen de Leon, Nancy J. Burke, Brea L. Perry, and Janet K. Shim. "Mixed Methods for Research on Support Networks of People Experiencing Chronic Illness and Social Marginalization."

* *Co-First Authorship*

Carrillo, Dani, Jeff Nicklas, Tessa M. Nápoles, **Emily A. Ekl**, Brea L. Perry, and Janet K. Shim. “‘In the circles he moves in, his voice carries further than mine’: Healthcare Providers Mobilizing Cultural and Social Health Capital to Advance Patients’ Care.”

IN-PROGRESS

Ekl, Emily A., Melissa J. García, Caroline V. Brooks, Nicholas C. Smith, Denise Ambriz, Brea L. Perry, and Gerardo Maupomé. "Trusted Sources of COVID-19 Information and Preventive Health Behaviors among Hispanic Immigrants: The Role of Gender." *Draft Available*

Ekl, Emily A., Erin L. Pullen, Brea L. Perry, and Bernice A. Pescosolido. “Social Networks and Mental Illness Stigma: Findings from the College Toolbox Project.” *Draft Available*

Ekl, Emily A., Brea L. Perry, Brea L., Erin L. Pullen, and Bernice A. Pescosolido. "Who 'Starts the Conversation'? Characteristics of Individuals, Relationships, and Social Networks Associated with Discussion of Mental Health and Stigma." *Draft Available*

Ekl, Emily A. "Individual, Organizational, and Professional Drivers of the Evidence-Based Practice Movement among Allied Health Professionals." *In Progress*

Pescosolido, Bernice A., and **Emily A. Ekl**. "Mental Illness and Stigma." Pp. XXX-XXX in *The Wiley Blackwell Encyclopedia of Health, Illness, Behavior, and Society*, edited by William C. Cockerham, Robert Dingwall, and Stella R. Quah. Hoboken, NJ: John Wiley & Sons, Inc.

Ekl, Emily A., and Bernice A. Pescosolido. "Stigma in Global Context: Myths, Measures and Mounting Evidence." Pp. XXX-XXX in *The Sociological Study of Mental Health: Theories, Contexts, and Systems*, edited by Teresa L. Scheid and Eric R. Wright. Cambridge, UK: Cambridge University Press.

PROFESSIONAL PRESENTATIONS

- 2023 **Ekl, Emily A.** "New Researchers Joining the Field" Panel. The Social Transformation of the Sociology of Health Professions Education Pre-Conference. American Sociological Association (ASA) Annual Meeting: Philadelphia, PA.
- 2023 **Ekl, Emily A.**, and Benjamin Gallati. "The Moderating Effect of Values on the Relationship between Subjective Social Status and Depression: Evidence from MIDUS." American Sociological Association (ASA) Annual Meeting: Philadelphia, PA.
- 2023 **Ekl, Emily A.** "Individual, Organizational, and Professional Drivers of the Evidence-Based Practice Movement among Allied Health Professionals." Chicago Ethnography Conference: Chicago, IL.

- 2023 **Ekl, Emily A.** "'You're Not a Doctor': Learning Scope of Practice in Allied Health Education." Eastern Sociological Society (ESS) Annual Meeting: Baltimore, MD.
- 2022 **Ekl, Emily A.** "Examining Drivers of the Evidence-Based Practice Movement among Allied Health Professionals." Workshop in Sociology at IU (WiSIU): Bloomington, IN.
- 2022 **Ekl, Emily A.** "Examining Drivers of the Evidence-Based Practice Movement among Allied Health Professionals." American Sociological Association (ASA) Annual Meeting: Los Angeles, CA.
- 2022 **Ekl, Emily A.,** and Gerardo Maupomé. "Trusted Sources of COVID-19 Information and Preventive Health Behaviors among Hispanic Immigrants: The Role of Gender." American Sociological Association (ASA) Annual Meeting: LA, CA.
- 2022 **Ekl, Emily A.,** and Caroline V. Brooks. "Take the Day Off: Examining the Sick Role for Chronic Back Pain by Race and Gender." North Central Sociological Association (NCSA) Annual Meeting: Indianapolis, IN.
- 2022 **Ekl, Emily A.,** and Benjamin Gallati. "The Moderating Effect of Values on the Relationship between Subjective Social Status and Depression: Evidence from MIDUS." Eastern Sociological Society (ESS) Annual Meeting: Boston, MA.
- 2021 **Ekl, Emily A.,** Dani Carrillo, Tessa M. Nápoles, Jeff Nicklas, Irene H. Yen, Nancy J. Burke, Laura Gómez-Pathak, Janet K. Shim, and Brea L. Perry. "Social Support in the Urban Safety Net: Assessing Tie Activation for Individuals with Complex Care Needs." American Sociological Association (ASA) Annual Meeting: Online.
- 2020 **Ekl, Emily A.** "America's Help-Seeking Toolkit for Depression." American Sociological Association (ASA) Annual Meeting: Online. *Declined*
- 2020 **Ekl, Emily A.,** and Caroline V. Brooks. "Perceptions of Chronic Back Pain: Variations by Race and Gender." Eastern Sociological Society (ESS) Annual Meeting: Philadelphia, PA.
- 2019 **Ekl, Emily A.** "Changes in College Students' Perceptions of Mental Health and Campus Resources." The Society for the Study of Social Problems (SSSP) Annual Meeting: New York, NY.

GRANTS, FELLOWSHIPS, & AWARDS

External

- 2023 U.S. Policy Communications Training Program Fellowship
U.S. Department of Health and Human Services, National Institutes of Health

2023 Doctoral Dissertation Research Improvement Grant (DDRIG) (\$15,785)
American Sociological Association and National Science Foundation

2022 Louise Johnson Award (\$500)
American Sociological Association, Medical Sociology Section

Internal

2023 Dissertation Completion Fellowship (\$25,000)
Indiana University, College of Arts and Sciences

2022 Research Award (\$1,000)
Indiana University, Graduate and Professional Student Government

2022 Travel Award (\$200)
Indiana University, College of Arts and Sciences

2022 Gerald D. Suttles Ethnography Fellowship (\$500)
Indiana University, Department of Sociology

2021 Travel Award (\$110)
Indiana University, College of Arts and Sciences

2021 Sheldon Stryker Research Grant with Caroline Brooks (\$1,000)
Indiana University, Department of Sociology

2020 Big Idea Challenge Finalist (3rd Place; \$250)
Indiana University, Prevention Insights

2019 Travel Award (\$250)
Indiana University, College of Arts and Sciences

RESEARCH EXPERIENCE

2023 Research Assistant: play2PREVENT
Principal Investigators: Dr. Lynn E. Fiellin (Yale) and Dr. Bernice Pescosolido

2021 - Coding Supervisor: College Life and Beyond for Young Adults on the Spectrum
(NIH 5R01HD095971)
Principal Investigators: Dr. Jane McLeod and Dr. Andrew Halpern-Manners

2021 - 2022 Research Assistant: VidaSana Study (NIH CTSI UL1TR002529 and NIDCR
R01DE025836)
Principal Investigators: Dr. Gerardo Maupome (IUPUI) and Dr. Brea Perry

2018 - 2021 Research Assistant: Supporting the Safety Net: Social Network Dynamics,
Poverty, and Health (HEALSS - SocNET) (NIH R01NR015233)
Principal Investigators: Dr. Janet Shim (UCSF) and Dr. Brea Perry

2019 Research Assistant: Social Networks And Parenting (SNAP)
Principal Investigator: Dr. Jessica Calarco

2016 - 2017 Research Assistant for Dr. Smitha Rhadakrishnan (Wellesley College)
2016 - 2017 Research Assistant for Dr. Candace Hetzner

TEACHING EXPERIENCE

Spring 2021 Grader: SOC101 - Medicine in America, for Dr. Elaine Hernandez
Fall 2020 Grader: SOC365 - Health and Society, for Dr. Elaine Hernandez
Spring 2019 Teaching Assistant: SOC358 - Social Inequalities in Health, for Dr. Pam Jackson
Spring 2019 Teaching Assistant: SOC100 - Intro. to Sociology, for Dr. Christine Van Der Haar
Fall 2018 Teaching Assistant: SOC101 - Medicine in America, for Dr. Bernice Pescosolido

SERVICE

Discipline

2023 Coordinating Editor, American Sociological Review
Lead Editors: Dr. Arthur Alderson and Dr. Dina Okamoto

University

2018 - Preparing Future Faculty Conference Planning Committee
2020 - 2021 Graduate and Professional Student Government Representative

Department

2022 - 2023 Undergraduate Student Honors Thesis Mentor
2022 - 2023 Public Sociology Committee
2021 - 2022 Graduate Student Peer Mentor
2021 - 2022 Graduate Student Association's Secretary
2019 - 2020 Graduate Student Association's Social Committee

PROFESSIONAL ASSOCIATIONS

American Sociological Association
 Medical Sociology Section
 Social Psychology Section
 Mental Health Section
Eastern Sociological Society
Society for the Study of Social Problems

PROFESSIONAL DEVELOPMENT

- 2023 QPR Suicide Prevention Training, led by Rebecca Mueller (Prevention Insights)
- 2023 An Introduction to Mixed Methods for Social Scientists, led by Dr. Shiri Noy
- 2022 Creating Digital Workflows for Qualitative Research, led by Dr. Jessica Lester and Dr. Trena Paulus

REFERENCES

Available upon request.